



**HISTORY OF BIRTH:**

During the pregnancy did the mother:

- YES  NO Have any traumas (falls, accidents, etc.)? Explain: \_\_\_\_\_
- YES  NO Take any drugs or vitamins? Please List: \_\_\_\_\_
- YES  NO Have any illnesses? Please List: \_\_\_\_\_
- YES  NO Have any invasive procedures (amniocentesis, CVs)? \_\_\_\_\_
- YES  NO Have any exposures to Ultrasound? How many? \_\_\_\_\_ Medical Reason? \_\_\_\_\_
- YES  NO Smoke? How often? \_\_\_\_\_ Alcohol?: \_\_\_\_\_

Was the baby born:  In a HOSPITAL: \_\_\_\_\_  At HOME  By a MIDWIFE: \_\_\_\_\_

- YES  NO Was Labor Induced? Duration of gestation: \_\_\_\_\_
- YES  NO Was it a Vaginal Birth: If NO:  FORCEPS  VACUUM EXTRACTION  C-SECTION  
Birth weight: \_\_\_\_\_ Birth Length: \_\_\_\_\_
- YES  NO Were medications delivered to mother at birth: If YES, Please list: \_\_\_\_\_  
Duration of Birth: \_\_\_\_\_

**AFTER DELIVERY:**

- YES  NO Was there any difficulty with mother's lactation? Explain: \_\_\_\_\_
- YES  NO Was there any evidence of birth trauma? Which?  Bruising  Odd shaped head  
 Respiratory Depression  Cord around Neck  Other: \_\_\_\_\_
- YES  NO Was this baby breast fed? How Long? \_\_\_\_\_ Formula introduced at what age? \_\_\_\_\_  
Type of formula used? \_\_\_\_\_ Introduction of cow's milk at what age? \_\_\_\_\_  
Began solid Foods at what age? \_\_\_\_\_ Type? \_\_\_\_\_
- YES  NO Food/Juice Intolerance? Type: \_\_\_\_\_
- YES  NO Any smokers in the home? How much? \_\_\_\_\_
- YES  NO Any pets at home? Type: \_\_\_\_\_
- YES  NO Any vaccinations? Which ones and any reactions? \_\_\_\_\_
- YES  NO Any behavioral problems? Explain: \_\_\_\_\_
- YES  NO Do sleeping patterns seem normal to you? Explain: \_\_\_\_\_
- YES  NO Any falls from couches, beds, change tables, etc? \_\_\_\_\_

Average number of hours child watches TV per week: \_\_\_\_\_

At what age did the child: Crawl? \_\_\_\_\_ Walk? \_\_\_\_\_

- YES  NO Any MAJOR health problems in the immediate family (Cancer, Disease, Diabetes, Etc.)?  
Please List: \_\_\_\_\_



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How many hours does your baby sleep between feeds? During the day? \_\_\_\_\_ At night? \_\_\_\_\_

YES NO

Does your baby have a preferred sleeping position? \_\_\_\_\_

Does your baby have any feeding difficulties? \_\_\_\_\_

Does your baby have a one sided breast-feeding preference? If YES,  Right or  Left

Does your baby frequently spit-up after feeding? \_\_\_\_\_

Does your baby cry a lot? For how many hours each day? \_\_\_\_\_

Does your baby pass a lot of intestinal gas? \_\_\_\_\_

Does your baby have any constipation or diarrhea? \_\_\_\_\_

Does your baby have a preferred head position? \_\_\_\_\_

Does your baby frequently arch his/her head or neck backwards? \_\_\_\_\_

Does your baby have any rashes or areas of dry skin? \_\_\_\_\_

Has your baby ever had a fever? \_\_\_\_\_

Has your baby ever had any falls? \_\_\_\_\_

Has your baby had any other trauma? \_\_\_\_\_

Do you have any other concerns you wish to discuss? \_\_\_\_\_

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